

# Info kit

64<sup>th</sup> International Volunteering Work Camp

# Reconstruction of a Traditional Pigeon House

15<sup>th</sup> – 29<sup>th</sup>  
July 2024

União de freguesia de Algosó,  
Campo de Víboras e Uva  
Vimioso • Portugal

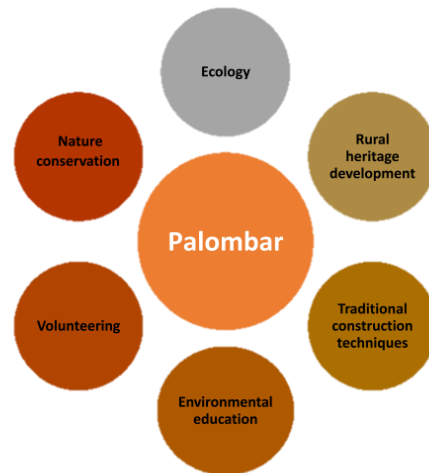
## WHO IS THE ORGANISATION?

### **Palombar**

Associação de Conservação da Natureza e do Património Rural  
(*Association for Nature and Rural Heritage Conservation*)

Palombar is a non-profit organization, founded in 2000, whose main goals are conserving agricultural, wild and forest ecosystems, as well as preserving its built heritage and respective traditional construction techniques.

Its mission is to preserve natural and built heritage, ensuring their continuity by conserving resources and transmitting knowledge, through a pedagogical and cooperative approach which is expected to be enriching to individuals and to bring dynamism to the rural world.



## WHERE DO WE WORK?

We are located in Uva (Vimioso) in the Northeast of Portugal, near the Douro River and in an area that borders with Spain, and which is commonly known as the Miranda Plateau. Even though it is a very small village with only a few inhabitants, it is home to more than 30 traditional pigeon houses and other priceless heritage elements – both built and natural.

Palombar work in Trás-os-Montes region, an exceptional and authenticity area, due to its isolation and abandonment during the past decades.

## WHERE WILL YOU WORK AND STAY?

**Address** Antiga Escola Primária / 5230-232 UVA (Vimioso) / Portugal



### Explore

<http://www.palombar.pt/pt/>

<http://www.valesdevimioso.pt/>

<http://www.natural.pt/portal/pt/AreaProtegida/Item/5>

<https://www.cm-vimioso.pt/pages/88>

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## WHAT WILL YOU LEARN DURING THIS HERITAGE VOLUNTEER WORKCAMP?

The main goal of this work camp is to restore a traditional pigeon house in the northeastern region of Portugal (Trás-os-Montes). The structure reflects centuries of vernacular knowledge and is extremely important to the ecology and social life of the territory. The pigeon houses, that are made using local materials and typical construction techniques, serve as nests for flocks of doves that will fly over us throughout the work camp!



During the work time, we will repair one of Uva's remaining fallen pigeon houses, revitalizing ancestral wisdom and promoting the preservation of the region's cultural and natural heritage.

### **Planned work:**

- Clearing old detritus
- Remove the existing plaster
- Rebuilding dovecotes' walls
- Preparing limestone mortar
- Whitewashing walls
- Restoring the roof

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## ACTIVITIES PROGRAMME

### 64th International Volunteer Workcamp 15th July to 29th July

The workcamp will run from 15 July to 29 July. Day 15 of July will be the day of arrival, and the work's take place from 16 until the 28th of July, leaving day will be at 29th of July. The daily work will start at 7:00 am until 1:00 pm, and most of the afternoons will be reserved for leisure activities. The reconstructing works will be led by a traditional/sustainable construction technician who will be providing information about the daily works, exposing both theoretical and practical explanation of the techniques to be performed. Depending on the needs, the team can be distributed in small subgroups of work, developing parallel activities.

#### Daily Schedule

- 07:00 – 13:00 Restoring a traditional pigeon house
- 13:00 – 15:00 Lunch break
- 15:00 – 19:30 Leisure activities
- 19:30 – 21:30 Dinner time

## Leisure activities

Palombar will organize leisure activities aimed at the volunteers' integration in the local community and their discovery of the region's extraordinary natural and cultural heritage. Leisure activities will be held daily in the afternoon. Among these activities, we will host a visit to:

- Traditional pigeon houses Interpretation Centre
- Miranda Donkey Valorization Center
- Bathings in the Angueira River
- Algosó castle and birdwatching in the castle tower
- Visit to Miranda do Douro and São João das Arribas' Viewpoint
- PINTA- Iberian Tourism and Adventure Park

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## Do you want to see more for yourself?

Here are some local attractions that we recommend you explore on your days off:

**Nature Reserves:** While exploring the natural beauty of Vimioso, take a break to visit the Termas de Terronha. Nestled in the valley of the Angueira River, these thermal baths offer therapeutic treatments for musculoskeletal issues, rheumatism, and respiratory conditions. There's nothing like taking a walk on nature: from Uva to the river (1,5km), from Uva to Algosó (12km), and many more! If you prefer to contemplate amazing views try Picote viewpoint.

**Historical Sites:** Discover the cultural heritage of Uva, with Mrs. Fernanda's loom and Mr. Adérito's knives. And also, Vimioso iconic landmarks, starting with the Ethnographic Museum, and then maybe Algosó Church and the Cabanal de Caçarelhos.

**Local Markets and Fairs:** Experience the bustling atmosphere of the Feira Quinzenal de Vimioso, held every 10th and 25th of the month in the heart of the town. Browse through stalls offering a variety of local products, including fresh produce, artisanal crafts, and traditional delicacies.

**Gastronomic Delights:** For a true taste of Mirandese cuisine, head to Restaurant "A Lareira" in Mogadouro, or Restaurant "Vileira" in Vimioso. Indulge in the exquisite flavors of the *posta mirandesa* paired with the region's specialties, including the famous *alheira* sausage, commonly called the "jews sausage" for the traditional lack of pork meat. For dessert, treat yourself to the delightful *pastéis de amêndoa* and cheese with quince jam.

**Integration in the local community + discovery of the region's extraordinary natural and cultural heritage**

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## WHAT SHOULD YOU BRING?

- ✓ Passport or identity card;
- ✓ Working gloves;
- ✓ Sleeping bag;
- ✓ Comfortable work clothing (warmer clothing for the cold spring evenings);
- ✓ Clothing for leisure;
- ✓ Shoes for work and shoes for leisure;
- ✓ A head torch for the night.
- ✓ Towels;
- ✓ Swimsuit;
- ✓ Sun hat;
- ✓ Raincoat;
- ✓ Typical recipes, instruments, music, specialties from your country of origin.

**If you are a European citizen, you should ask for your  
European health insurance card.**

### **Complementary info**

Being an isolated territory the mobile phone network in the village is very low or almost nonexistent; However, you have internet in your accommodation and in Palombar headquarters.

Keep in mind that bringing valuables (computer, camera etc.) with you is at your own risk and responsibility. In the event of breakage or theft, neither Palombar or the sending association can be held responsible!

## VOLUNTEER ACOMODATION

Upon arrival will be accommodated in the community center of Uva, consisting of a spacious dormitory with bunk beds, two bathrooms with hot shower and toilet, a fully equipped industrial kitchen and an outdoor sheltered area. As there is no public transport to/from Uva, transports will be arranged at the moment of arrival and departure from/to one of the nearest bus stations.

## HOW TO FUND YOUR PARTICIPATION OF THE EUROPEAN SOLIDARITY CORPS

Palombar and/or partner organizations will support participants in making all necessary travel arrangements, cover the volunteers with an all-inclusive personal accident and civil responsibility insurance. We support you with a travel grant.

Place of origin	Grant per participant	Grant per participant in case of "green" trave
Distances between 100 and 499 km	€180,00	€210,00
Distances between 500 and 1 999 km	€275,00	€320,00
Distances between 3,000 and 3,999 km	€ 530,00	€610,00
<a href="https://youth.europa.eu/d8/sites/default/files/inline-files/european_solidarity_corps_guide_2023_pt.pdf">https://youth.europa.eu/d8/sites/default/files/inline-files/european_solidarity_corps_guide_2023_pt.pdf</a>		

### **Budget**

All cost are covered, including food, accommodation and insurance during your stay. You must organize the journey to and from the workplace by yourself, but we can help you if you need. Considering the remote place where the volunteering will take place (Uva), you should find a transport to Vimioso, where we will go to meet you to take you to Uva. Furthermore, you can bring your own pocket-money.

### **Pocket Money**

6€ per day.



## HOW TO REACH THE HERITAGE UVA SITE?

### How to access our site

#### **By Plane**

To: Lisbon or OPorto

#### **Websites:**

[www.ryanair.com](http://www.ryanair.com)

[www.easyjet.com](http://www.easyjet.com)

[www.flytap.com](http://www.flytap.com)

[www.airfrance.com](http://www.airfrance.com)

#### **By Bus**

From: Paris

To: Bragança

Company: Eurolines

Website: <https://www.eurolines.de/en/home/>

#### **By Bus**

From: Oporto

To: Vimioso

Company: Rede Expresso

Address: Campo 24 de Agosto, Porto

Tel: +351 222 005 637

Website: [www.rede-expressos.pt/en](http://www.rede-expressos.pt/en)

#### **By Bus**

From: Lisbon

To: Vimioso

Company: Rede expresso

Address: Gare do Oriente, Lisboa

Tel: +351 218 956 850

Website: [www.rede-expressos.pt/en](http://www.rede-expressos.pt/en)

### Access to the site

Bus station: Vimioso (distance to Uva -15 km)

Bus station: Sendim (distance to Uva -21 km)

Bus station: Miranda do Douro (distance to Uva -27 km)

Bus station: Mogadouro (distance to Uva -30 km)

Bus station: Bragança (distance to Uva -73 km)

We arrange transport in the moment of arrival and departure from/to one of the nearest bus destinations, as there is no public transport to Uva from any of them.

**41°29'28.3"N 6°30'41.0"W**

Palombar location

**If you need help, we will be happy to help you  
find transport to a bus stop near UVA**

# Do not hesitate to write us!

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**Contact person before the project starts:**

**Sara Freire**

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**T** 00351 936 035 744

**Palombar Association**

**e-mail** [palombar@palombar.pt](mailto:palombar@palombar.pt)

**Palombar adress** Antiga Escola Primária, 5230-232 UVA (Vimioso) · Portugal

**Accommodation** Salão do Povo, 5230-232 Uva (Vimioso) · Portugal

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[www.palombar.pt](http://www.palombar.pt)

